

Neurofeedback Clinic of Northern Colorado
4115 Boardwalk Drive, Ste 100
Fort Collins, CO 80525
P970-493-4580

Professional Disclosure and Informed Consent

Informed Consent

We offer psychological therapy supported by EEG biofeedback training to clients in connection with a variety of conditions that appear to be associated with dysregulation of brain activity. These conditions include hyperactivity and attention deficits, behavior problems, sleep disorders, depression, anxiety, chronic pain, brain injury, seizures, PTSD, and other conditions. Therapy supported by EEG biofeedback training is also provided for clients who wish to enhance brain regulation for improved performance.

Scientific investigation is ongoing to determine the mechanism by which benefits from EEG biofeedback are achieved. At present, we recommend the training on the basis of empirical observations and research evidence of improvement in clients with similar conditions. As with any treatment symptoms may temporarily get worse before they get better.

No guarantee is made that any individual will improve with training. It is possible that for a few clients who do experience benefits, the improvement may fall off after the cessation of training. Those individuals would benefit from periodic follow-up for booster sessions. The training appears to be a harmless procedure as far as known at present. No injuries are known in the experience of the literature reviewed. It is a noninvasive procedure. Nevertheless, we do not make any representation concerning the safety or efficacy of training. Any questions should be addressed to the prospective client's physician. The client should continue ongoing therapies and maintain care with any established medical health provider, including prescribing physicians, unless otherwise advised by a physician.

It is the client's responsibility to monitor the subjective effects of training and to continue training so long as a benefit is perceived. The research literature indicates that there are some individuals who are apparently unaffected by the training. There are also clients who report vast benefits over the entire course of training. Accordingly, we encourage the client to evaluate progress after about 10 sessions to determine if further training is indicated. We invite discussion at this point or any point in the training.

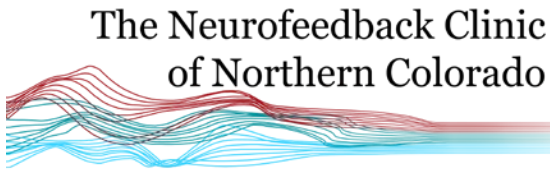
The Neurofeedback Clinic of Northern Colorado does not engage in emergency or crisis therapy. In the case of an emergency please call 911 or go to the nearest emergency room.

Client Rights

The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed social workers, licensed professional counselors, licensed marriage and family therapists, licensed school psychologists practicing outside the school setting, licensed or certified addiction counselors, and unlicensed individuals who practice psychotherapy.

The agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the:

Department of Regulatory Agencies
Division of Registrations
Mental Health Section
1560 Broadway, Suite 1350
Denver, Colorado 80202 (303)-894-7766



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(a) You are entitled to receive information from your therapist about the methods of therapy, the techniques used, the duration of your treatment (if it can be determined), and the fee structure. Please ask if you wish to receive this information from your therapist.

(b) You may seek a second opinion from another therapist and may terminate your therapy at any time. (c) In a professional relationship (such as ours), sexual intimacy is never appropriate. If sexual intimacy occurs, it should be reported to the board that licenses, registers, or certifies the licensee, registrant or certificate holder.

Confidentiality

Information disclosed to a licensed psychologist, licensed social worker, licensed professional counselor, licensed marriage and family therapist, licensed or certified addiction counselor, or an unlicensed psychotherapist is confidential and considered privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates.

There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. Matters regarding your psychotherapy will be kept confidential except in the following circumstances:

- 1) You sign a release of information giving permission to release information to a specific individual or agency;
- 2) Intent to harm self or others;
- 3) Abuse, neglect, or suspected abuse or neglect of children, elderly, or others unable to care for themselves.
- 4) If the client poses a reasonable risk to national security

Under these conditions the proper authorities will be notified.

Information in your case may be shared with Neurofeedback Clinic of Northern Colorado therapists listed in this document. Your signature below constitutes your permission for such consultations. I will not testify in court on any case, if asked, due to the damage this can do to the therapeutic relationship.

Clinical Staff

Lisa Pendleton, MS, LMFT #983
Clinical Director
EMDR II, Neurotherapy Practitioner
970-493-4580, Ext 302

Monica Rowell, MA, LPC #12332
Neurotherapy Practitioner
970-493-4580, Ext 306

Barbara Stutsman, MA, MS, LMFT #974
EMDR II, Neurotherapy Practitioner
970-493-4580, Ext 308

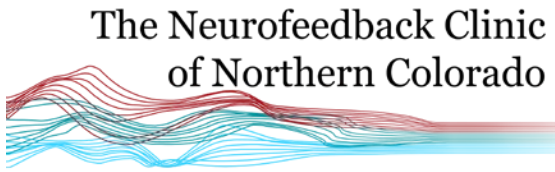
Jennifer Wayman, MEd, CAC II, LPC #0012237
Neurotherapy Practitioner
970-493-4580, Ext 311

Jinny Mortensen, MA, LPC #12377
EMDR II, Neurotherapy Practitioner
970-493-4580, Ext 303

Andrea Ewing, MS, LCSW #9923938
Neurotherapy Practitioner
970-493-4580, Ext 307

Whitney Bosley, MA, LAC, LPC #0012299
Neurotherapy Practitioner
970-493-4580, Ext 315

Vanessa Baltazar Schneider, MA, LPC #12471
Neurotherapy Practitioner
970-493-4580, Ext 319



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Melissa Fuller, MS, LPC #0011928
Neurotherapy Practitioner
970-493-4580, Ext 331

Kiara Dixon, MA, LPC #0012526
Neurotherapy Practitioner
970-493-4580, Ext 320

Julianne Graul, MSW, LCSW #00000149
Neurotherapy Practitioner
970-493-4580, Ext 314

Amy Grauberger, MA, LPC #0012146
Neurotherapy Practitioner
970-493-4580, Ext 321

Rebecca Craig, MA, LPC #0004479
Neurotherapy Practitioner
970-493-4580, Ext 305

Heather Meyer, MA, LPC #0012680
Neurotherapy Practitioner
970-493-4580, Ext 304

Rachael McGonegal, MA, LPC # 0005099
Neurotherapy Practitioner
970-493-4580, Ext 332

Administrative Staff

Jeff Andersen
Business Manager
970-493-4580, Ext 309

Tristin Hammel
Office Manager
970-493-4580, Ext 312

Kelsey Wayman
Office Assistant
970-493-4580, Ext 301

Rachel Knox-Stutsman
Office Assistant
970-493-4580, Ext 310

Signature of Client (15 and over) or Guardian of minor child

Date

Printed name of client or child

Relationship

Signature of therapist

Date